

Directions: Adults take one-half (1/2) to two (2) dissolvable tablets as needed one hour before bedtime for relief of occasional sleeplessness.

Supplement Facts

Serving size: 1 Tablet

Servings per container: 56

Amount Per Serving	%DV
Melatonin	2 mg
†Daily value (DV) not established.	



USANA
pure rest

SLEEP SUPPORT*



Dietary Supplement
56 Tablets

Other Ingredients: Xylitol, Natural Orange Flavor, Ascorbyl Palmitate, Silicon Dioxide.

Laboratory tested, quality guaranteed. Meets USP specification for uniformity, potency, and disintegration, where applicable. Insomnia may be a symptom of a serious underlying medical illness. Keep out of reach of children. Consult your physician if you are pregnant, nursing, taking a prescription drug, or have a medical condition. Do not drive or operate machinery when taking melatonin.

There is a safety seal under the cap. Do not use if the seal is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by: USANA Health Sciences, Inc.

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Store below 25 °C. 141.010104 LB.002338

